



PAVING THE WAY TO COLLEGE... ONE STEP AT A TIME

You are in charge of what happens next

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ARE YOU READY?

BE PREPARED TO FEEL A LITTLE OVERWHELMED AND KNOW THAT THAT IS OK! HERE ARE SOME OTHER THINGS YOU CAN DO TO BE READY FOR THE TRANSITION TO COLLEGE

- Find out what resources are available at your school – health center, writing center, tutoring programs
- Get Organized! – Learn where your classes are and how to get there.
- Find a method that works for you to track due dates and exams
- Find Your People – community is key, no matter where you are. Most colleges host social events for incoming students at the beginning of a semester. Take advantage of the opportunity to meet others with whom you have something in common!
- Learn Time Management
- Create a Budget
- Take Care of yourself – physically and mentally. Do not underestimate the value of Sleep, nutrition, and exercise!

